

# Sun Protection Amended Policy POLICY 1.2

**Policy:** Family day care educators will protect children from the dangerous and adverse effects of sun exposure.

<b>Education and Care Services National Law (WA) Act, 2012</b>	Section 3(2)(a); 167
<b>Education and Care Services National Regulations, 2012 – ‘Regulations’</b>	77(1)(a), (2)(a), (3)(a); 114; 168(2)(ii); 171
<b>National Quality Standards for Early Childhood Education and Care and School Age Care (2010)</b>	Standard: 6.2 Element 2.1.1; 2.1.3; 2.2.2; 2.3.2; 3.1.1

## Procedures:

Family day care educators, family day care educator assistants, regular visitors, family day care service staff members, family day care educator family members, students, and volunteers must comply with the *Sun Protection Policy* and role model appropriate practices when with the children in their care.

### 1.0 Managing the physical environment:

Refer to the Cancer Council website for the Factsheet on *Be Sun Smart* at:  
<http://www.cancer.org.au/preventing-cancer/reduce-your-risk/be-sunsmart.html>

1.1 Family day care educators will consider the availability of shade when planning and implementing outdoor activities and excursions;

1.2 Infants less than 12 months of age should remain in dense shade and not be exposed to direct sunlight.

1.3 Provided the UV Index is below 3 (moderate), unrestricted outdoor play may take place. If the UV Index is 3 (moderate) or above, outdoor play is allowed provided appropriate sun protection measures are undertaken by all staff, educators and children whilst outdoors.

1.4 Services operating in the Perth metropolitan area and south can allow exposure to 30 minutes of sunshine during June and July when the UV level is usually 3 or below to ensure children get enough Vitamin D.

<https://www.cancerwa.asn.au/prevention/sunsmart/vitaminsandprotection/>

1.5 Appropriate sun protection measures are defined as a broad rimmed, bucket style or legionnaire’s hat, clothing that covers as much skin as possible, SPF 30+ or higher sunscreen, maximum use of available shade and sunglasses where these are practical. [Refer to *Be Sun Smart Factsheet*]. If the UV Index is 8 (very high) or above, outdoor play must only occur in dense shade. The UV Index is available from the Bureau of Meteorology website at

<http://www.bom.gov.au/wa/forecasts/perth.shtml> or [www.myuv.com.au](http://www.myuv.com.au)

## 2.0 Protective Practices:

- 2.1 If hats have cords remove if possible or ensure they are not a choking hazard.
- 2.2 Family day care educators will model sun safe practices.
- 2.3 Family day care educators will request permission from the parent/s/family to apply sunscreen.
- 2.4 Sunscreen of SPF 30+ broad spectrum and water resistant should be applied at least 20 minutes (or as per the manufacturer's instructions) before commencing outdoor play.
- 2.5 Sunscreen must be reapplied every 2 hours (or as per manufacturer's instructions) or more frequently if washed or wiped off.
- 2.6 If a child presents with an allergic reaction to the sunscreen, the family day care educator will stop applying the sunscreen, notify the parent/s/family and request that a hypoallergenic sunscreen be supplied by the family for the child to use.

## 3.0 Maintaining hydration levels:

- 3.1 Safe drinking water will be accessible to children throughout the day in both indoor and outdoor settings.

## 4.0 Communication with families:

- 4.1 Sun protection practices will be shared with families.
- 4.2 Educators will actively promote sun safe practices through discussion of activities undertaken with children.
- 4.3 Families will be encouraged to implement the family day care educator's sun protection practices when participating in any excursions or experiences delivered by the family day care educator.

## **AUTHORISATION**

<b>Adopted</b>	1 August 2012
<b>Owner</b>	Bright Futures Family Day Care Service
<b>History</b>	The policy was developed in July 2012 to comply with the new Education and Care Services National Regulations and the National Quality Standards using the Family Day Care WA Policies and Procedures document as a reference. Adopted as a transition document 1 August 2012. 3 September 2013 – Policy Reviewed 31 May 2017 – Policy Reviewed
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